



### **Creating Courage Classes**

Goal Setting and Plan Your Day Lesson  
Is Your Defense Secure (Creating the Climate for the Holy Ghost)  
Family History Begins with Personal History  
Scripture Reading & Study  
Forgiveness  
Developing Gratitude  
Prayer  
Courage to Eliminate Contention  
An Introspective: The Hiding Place

### **Corporate Courage Classes**

Goal Setting and Plan Your Day Lesson  
Developing Gratitude  
Courage to Eliminate Contention  
An Introspective: The Hiding Place

We are continually adding classes or we can design a class to suit your needs. All of our classes come from our Goal Setting books focusing on individual goals within the book.

### **Extra Costs Involved**

Worksheets to go with classes: \$5 each or a flat fee of \$50 if your group decides to print.

Your True Colours: Life Image: \$10 each on Amazon, or we can bring them (must let us know)

<https://www.amazon.com/Your-True-Colours-Life-Image/dp/1973160013/>

